

## Week 1

w/c Term 1 - 1/9/20, 21/9/20, 12/10/20. Term 2 - 2/11/20, 23/11/20, 14/12/20.  
Term 3 - 4/1/2021, 25/1/2021)

|                                   |   | Monday   | Tuesday                                   | Wednesday                            | Thursday                                   | Friday   |
|-----------------------------------|---|--|---|--------------------------------------|--|--|
| Main Course                       | 1 | Chicken Korma and Rice (GF)                    | Cheese And Tomato Pizza (GF/DF available) | Roast Turkey, Potatoes & Gravy (GF)  | Minced Beef & Onion Pie with Mash (GF)(DF) | Battered Fish & Chips with Tomato Sauce (GF available) |
|                                   | 2 | Tomato and Basil Pasta Bake (V) (GF available) | Rainbow Vegetable Stir Fry (v)(GF)        | Cheese and Broccoli Pasta (v) (D/M)  | Cheese and Onion Pinwheel (v) (G,E)        | Veggie Burger & Chips with Tomato Sauce (v) (G)        |
| Jacket Potatoes                   | 3 | JACKET POTATO                                  | JACKET POTATO                             | JACKET POTATO                        | JACKET POTATO                              | JACKET POTATO  |
| Fillings Please choose one choice |   | Cheese/Tuna/Beans                              | Cheese/Tuna/Beans                         | Cheese/Tuna/Beans                    | Cheese/Tuna/Beans                          | Cheese/Tuna/Beans                                      |
| Vegetable Choices                 |   | Selection of Vegetables                        | Selection of Vegetables                   | Selection of Vegetables              | Selection of Vegetables                    | Selection of Vegetables                                |
| Dessert                           | A | Strawberry Mousse(D/M)                         | Apple Crumble and Custard (G,E)           | Sultana Sponge with Lemon Sauce(G/E) | Strawberry Jelly with Peach slices         | Vanilla Iced Shortbread (G/E)                          |
|                                   | B | Fruit  | Fruit                                     | Fruit                                | Fruit                                      | Fruit  |
|                                   | C | Yoghurt  | Yoghurt                                   | Yoghurt                              | Yoghurt                                    | Yoghurt  |

## Week 2

(w/c Term 1 - 7/9/20, 28/9/20, 19/10/20. Term 2 - 9/11/20, 30/11/20  
Term 3 - 11/1/2021, 1/2/2021)

|                                   |   | Monday                            | Tuesday                          | Wednesday                     | Thursday                                  | Friday                                       |
|-----------------------------------|---|-----------------------------------|----------------------------------|-------------------------------|---|--|
| Main Course                       | 1 | BBQ Chicken with Golden rice (GF) | Ham And Pineapple Pizza (G,M/D)  | Roast Pork, Potatoes & Gravy  | Cottage Pie                               | Fish Fingers & Chips (G,M/D)                 |
|                                   | 2 | Mac and Cheese (v) (G,M/D)        | Quorn Korma & Rice (v)(GF)       | Vegetable Fajitas (v)         | Veggie Sausages, Potatoes & Gravy (v)(GF) | Cheese and Tomato Puffs with Chips(v)(G,M/D) |
| Jacket potatoes                   | 3 | JACKET POTATO                     | JACKET POTATO                    | JACKET POTATO                 | JACKET POTATO                             | JACKET POTATO                                |
| Fillings please choose one choice |   | Cheese/Tuna/Beans                 | Cheese/Tuna/Beans                | Cheese/Tuna/Beans             | Cheese/Tuna/Beans                         | Cheese/Tuna/Beans                            |
| Vegetable Choices                 |   | Selection of Vegetables           | Selection of Vegetables          | Selection of Vegetables       | Selection of Vegetables                   | Selection of Vegetables                      |
| Dessert                           | A | Flapjack                          | Peach Crumble and Custard(G,M/D) | Jam Sponge and Custard(G,M/D) | Orange Jelly with Mandarins               | Carrot Cake (G,M/D)                          |
|                                   | B | Fruit                             | Fruit                            | Fruit                         | Fruit                                     | Fruit  |
|                                   | C | Yoghurt                           | Yoghurt                          | Yoghurt                       | Yoghurt                                   | Yoghurt                                      |

## Week 3

(w/c Term 1 - 14/9/20, 5/10/20. Term 2 - 16/11/20, 7/12/20.  
Term 3 - 18/1/2021, 8/2/2021)

|                                   |   | Monday                     | Tuesday                           | Wednesday                            | Thursday                    | Friday                         |
|-----------------------------------|---|----------------------------|-----------------------------------|--------------------------------------|-----------------------------|--------------------------------|
| Main Course                       | 1 | Spaghetti Bolognese(G)     | Pepperoni Pizza (G,M/D)           | Roast Chicken, Potatoes & Gravy (GF) | Sausage and Mash (G)        | Breaded Cod & Chips (G,M/D)    |
|                                   | 2 | Potato Longboats (v)(M/D)  | Veggie Chilli with Rice (v)(GF)   | Vegetable Bolognese & Pasta (v)(G)   | Cauliflower cheese (v)(M/D) | Veggie Bites with Chips (v)(G) |
| JACKET POTATO                     | 3 | JACKET POTATO              | JACKET POTATO                     | JACKET POTATO                        | JACKET POTATO               | JACKET POTATO                  |
| Fillings Please choose one choice |   | Cheese/Tuna Beans          | Cheese/Tuna Beans                 | Cheese/Tuna Beans                    | Cheese/Tuna Beans           | Cheese/Tuna Beans              |
| Vegetable Choices                 |   | Selection of Vegetables    | Selection of Vegetables           | Selection of Vegetables              | Selection of Vegetables     | Selection of Vegetables        |
| Dessert                           | A | Rice Pudding with Jam(M/D) | Fruit Crumble and Custard-(G,M/D) | Banana Cake and Custard(G,M/D)       | Strawberry Jelly            | Cookie (G,M/D)                 |
|                                   | B | Fruit                      | Fruit                             | Fruit                                | Fruit                       | Fruit                          |
|                                   | C | Yoghurt                    | Yoghurt                           | Yoghurt                              | Yoghurt                     | Yoghurt                        |

(G)Contains Gluten (M/D)Contains Milk/Dairy (S)Contains Soya (SU)Contains Sulphates