



St Julian's
Church School



Aim High – Believe - Succeed

Thursday 6th May 2021

Dear Parent/Carer,

Re: Relationships Education at St Julian's in 2021: YEAR 6 PARENTS

In September 2020 the teaching of Relationship Education became compulsory in primary schools, although many schools like St Julian's have been teaching this for a while. It is important for children to be taught the building blocks of how to form healthy relationships. For the past two years at St Julian's we have used a scheme called Jigsaw to help us teach children about relationships in an age-appropriate way. The Jigsaw scheme also introduces children to how their bodies are changing inside and out as they grow up, teaching children how to stay healthy and, as they progress into key stage 2, what to expect in puberty. When children are in Year 6 the lessons also teach children about how babies are conceived and how they are born.

Due to the lockdown of last summer, all children have missed some of their Relationships and Changing Me units of learning. Therefore we have reviewed what we will teach in each year group this summer to ensure we cover any missed content from the previous year. In Year 6 we will be splitting the RSE objectives across the two summer terms, ensuring that missed learning from Year 5 is also covered. We will be teaching in split year groups and in one lesson on puberty we will teach the children in split gender groups.

These are the aspects of RSE we will be covering;

- Pupils learn about the changes that occur during puberty
- Children will be asking and answering questions about puberty (this lesson is taught in split gender groups)
- Pupils learn to consider different attitudes and values around gender stereotyping and sexuality and consider their origin and impact
- Pupils learn what values are important to them in relationships and to appreciate the importance of friendship in intimate relationships
- Pupils learn about human reproduction in the context of the human lifecycle from conception of a baby to birth



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Small schools, big aspirations; branching out for learning

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Below links to two documents that I hope you will find helpful:

1) [A leaflet from the DFE explaining why Relationships Education is taught in primary school](#)

2) [The MNSP Relationships and Sex Policy](#)

We have also attached a detailed leaflet from Jigsaw that explains how and what we will be teaching in the Changing Me units.

If you have any questions or concerns please do not hesitate to contact Mrs Noall, Miss Williams or Mrs Wells our PSHE lead.

Thank you for your continued support
Mrs Wells & Mrs Noall

Pieces	PSHE Education (Developed from National Framework DFEE 2000)
1. My Self Image	I am aware of my own self-image and how my body image fits into that
2. Puberty	I can explain how girls' and boys' bodies change during puberty and understand the importance of looking after yourself physically and emotionally
3. Girl Talk/Boy Talk (We recommend this Piece is taught in single, gender-specific groups, preferably girls with a female facilitator and boys with a male facilitator)	I can ask the questions I need answered about changes during puberty
4. Babies - Conception to Birth Assessment Opportunity ★	I can describe how a baby develops from conception through the nine months of pregnancy, and how it is born
5. Attraction	I understand how being physically attracted to someone changes the nature of the relationship
6. Transition to Secondary School	I can identify what I am looking forward to and what worries me about the transition to secondary school